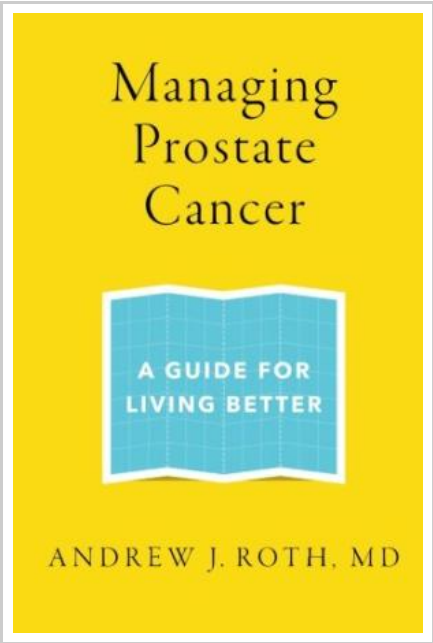

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Managing Prostate Cancer: A Guide for Living Better

By Andrew J. Roth

Oxford University Press. Paperback. Book Condition: new. BRAND NEW, Managing Prostate Cancer: A Guide for Living Better, Andrew J. Roth, What men with prostate cancer really want-the guarantee of a long, healthy life with their prostate cancer definitively behind them-is not available. There is no crystal ball that can forecast the certain, good outcome that every man hopes for, not even for those who will ultimately get the result they want. In Managing Prostate Cancer, Dr. Andrew Roth teaches strategies for how to live better with the questions and decisions that arise from prostate cancer. A psychiatrist who has specialized in helping people to cope with these challenges for over twenty years, Dr. Roth provides clear and understandable advice for patients, their loved ones, and healthcare givers. With his guidance, men and their families will learn how to manage the psychological stressors of a new cancer diagnosis. Dr. Roth shows men how to navigate what feel like impossible treatment choices, and to handle the emotional ups and downs of active surveillance and anxiety about prostate-specific antigen (PSA) tests. Patients will also learn mechanisms for accepting and adapting to the consequences of their cancer treatment, which may include the physical complications...

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