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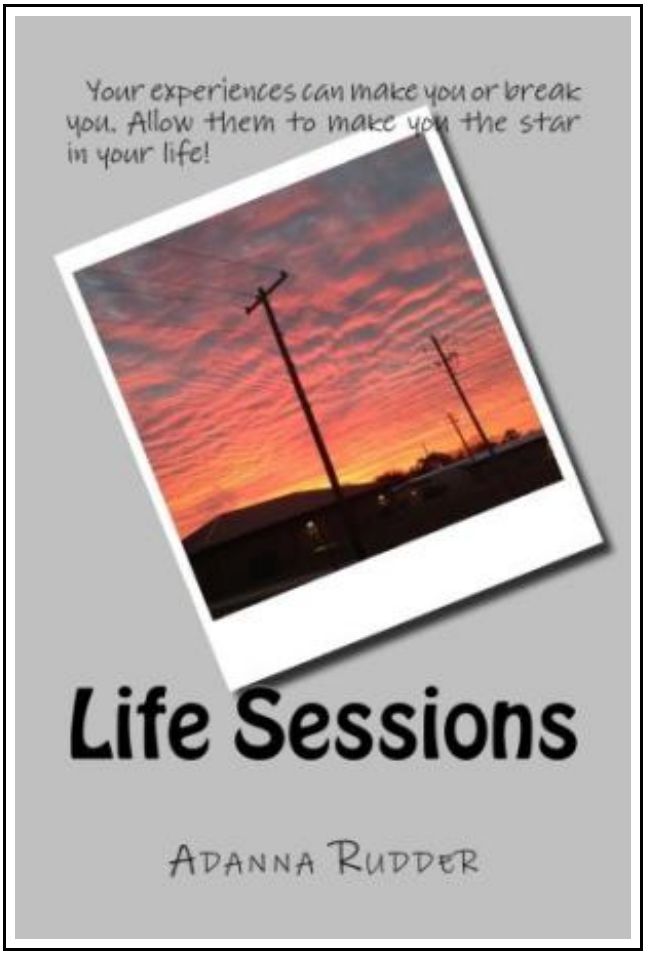

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A Memoir about Life Changes, Justice, and Love In this thought-provoking memoir, Life Sessions, single mother Adanna Rudder shares her mental battle to discover her truth and find her purpose on earth. This mental battle broke the chains that held Adanna s mind in slavery for 33 years. At age 33, Adanna volunteered for a job that changed her life. This led her to become a social change agent and a seeker of her truth. It also led her to understand that she needed to make some serious life changes in order to save her life and her daughter s life. Adanna shares her journey by turning the spotlight on herself. She shares intimate life experiences that includes her: Fight to break a vicious family cycle Struggle with self-hate Fight for justice and so much more Adanna s past has molded her into the woman that she is today. She is learning from it and using it to create a life full of love, peace, and happiness. Read it and then join her by becoming a Spiritual Warrior.

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