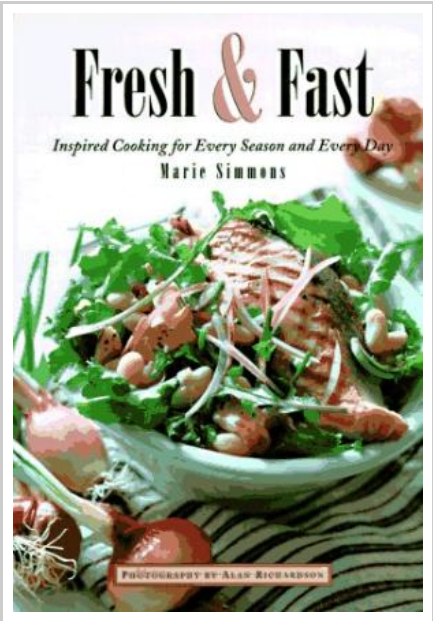


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Fresh & Fast: Inspired Cooking for Every Season and Every Day

By Simmons, Marie.

Chapters. 1 Cloth(s), 1996. hard. Book Condition: New. "Fresh food is more convenient than packaged," proclaims Marie Simmons, and she proves her point with more than 200 seasonally appropriate recipes. Simmons uses fresh vegetables and spices to jazz up old-standbys like meatloaf, pasta, and egg sandwiches, as well as offering tips on how to plan ahead for meals, so you don't have to make your culinary decisions when you're hungry and tired. Among the simple yet sophisticated dishes offered here are Penne with White Beans, Tomatoes, and Basil; Rosemary Roasted Potatoes with Cod and Asparagus; Herb-Marinated Baked Eggplant Slices; Dried Figs in Red Wine; Rich Chocolate Pudding; and Orange Granita. 352.

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