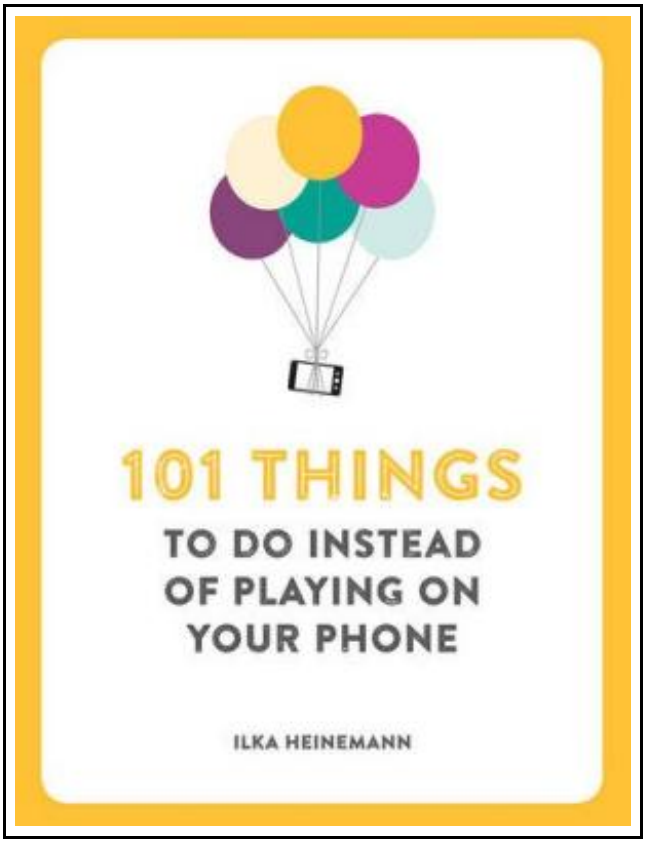
101 Things to Do Instead of Playing on Your Phone



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Reviews

Thorough information! Its this kind of very good read. It is writter in basic words and not hard to understand. You wont feel monotony at anytime of your respective time (that's what catalogues are for regarding should you question me).

(Roel Bogisich Sr.)

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Short Books Ltd. Paperback. Book Condition: new. BRAND NEW, 101 Things to Do Instead of Playing on Your Phone, Ilka Heinemann, Our phones have become a constant distraction; it's time we put them down and rediscovered the simple art of taking a few minutes out. This book offers an imaginative list of games and tips aimed at curing us of our portable tech addiction. More than mere time-killers, these activities include ways to unleash your creative side and train your brain, but above all methods to set you on the road to calm.

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