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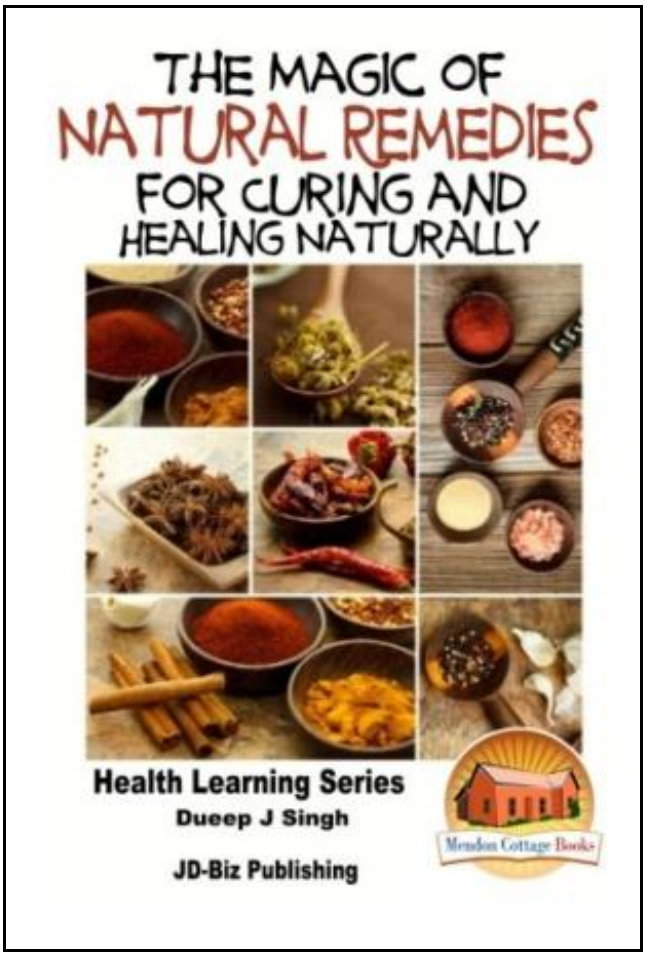

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Natural Remedies for Curing and Healing Naturally Table of Contents Introduction Keeping Our Teeth Healthy Foods to Avoid Ginger Remedy Alum Turmeric Remedy Turmeric tooth powder Colored Bottle Remedies Skincare Remedy Time-Tested Sore Throat Remedy Sinus problems Extremely Easy Cough Remedy Rock salt Remedy Turmeric Remedy Banana remedy for asthma Natural remedies for heart attack prevention Mint Leaves Remedy Best Natural Diet for People Suffering from Heart Problems Tonic to Strengthen Your Heart Lowering Cholesterol Raisins Remedy Garlic for Lowering Cholesterol Who Should Avoid Garlic Garlic to Cure Sciatica Sweet Almond Oil Conclusion Author Bio Introduction If you are familiar with my magic series, you may have noticed that many of these books concentrate on just one magic herb or a magic spice, which is going to cure you. Naturally, the spices and herbs have been used since ancient times to help keep people healthy, beautiful, and also youthful. Remember that not everybody in grandma s time or even in the time of our ancestors could afford to go to the doctor. In fact, physicians were only restricted to people who could pay their exorbitant fees. The rest of the common crowd made do with the knowledge that had been passed down to them, by their ancestors, and also from the knowledge gained through experimenting on their own. This is how so many natural remedies came into vogue, and so many of them proved to be successful. Many of them were quack remedies, but this was because many of the ingredients which were used here were rather astonishing, when seen by a 21st century perspective. Nevertheless, there was some particular reason, why these quack remedies...

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