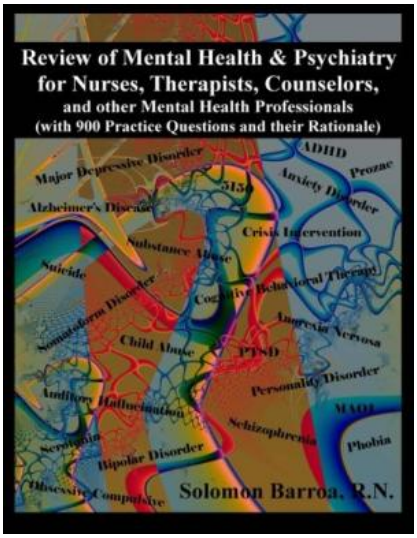


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Review of Mental Health and Psychiatry for Nurses, Therapists, Counselors and Other Mental Healthcare Professionals: (With 900 Practice Questions and Their Rationale) (Paperback)

By Solomon Barroa Rn

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Mental disorders primarily occur due to overwhelming anxiety and stressful situations. Understanding the causation is never clear cut as different factors interplay in its development. Diagnostic methods have evolved and been utilized with the conceptualization, classification, and naming of different mental disorders. These methods and testing techniques are essential in forming diagnoses and possible treatment plans. The treatment for a specific mental disorder is often the combination of therapy and psychopharmacology. Therapy, like psychopharmacology, has evolved introducing more structured and systemic method for resolving mental disorders. Psychotropic medication alone is complex with further study continually being required as yet newer generations of drugs are introduced by the ever expanding pharmaceutical industry. This book contains information on a topic-by-topic and chapter-by-chapter basis. The practice questions at the end of the book are presented for the readers with rationales broadly and explicitly covering mental health, behavioral science, and psychiatry. Topics presented in the chapters of the book include psychotropic medication, coping mechanisms, crisis intervention, neuropsychiatry, theories of

Reviews

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